



**Dancing with the
Risk of Life**

*You only dance when you are
dancing,
You can't dance "by the numbers."
You can't dance when you're
checking to see if you're
dancing. You can't dance when
you're comparing
your movement to your ideal.
In order to dance, you have to
dance.
That's what freedom is.
That's who you are.*

*Real accomplishment, satisfaction
and confidence do not
come from merely sustaining a
diligent effort, from
practicing more or adhering to the
rules.*

*Rather, they begin at the point
where the practice and
the rules vanish into the joy and
pleasure of the action—
where the struggle recedes, and
what's left is no longer
the dancer but the dance.*

Believe In Yourself

*Believe in yourself
to the depth of your being
Nourish the talents your spirit is
freeing.
Know in your heart when the going
gets slow
That your faith in yourself will
continue to grow.
Don't forfeit ambition when others
may doubt
It's your life to live- you must live it
throughout.
Learn from your errors- Don't
dwell in the past;
Never withdraw from a world that is
vast.
Believe in yourself; find the best
that is you.
Let your spirit prevail, steer a
course that is true.*

Bruce Winder

*This is the true joy in life, the being
used for a purpose recognized by
yourself as a mighty one; the being
a force of nature instead of a
feverish, selfish little clod of
ailments and grievances
complaining that the world will not
devote itself to making you happy.*

*I am of the opinion that my life
belongs to the whole community
and as long as I live it is my
privilege to do for it whatever I can.*

*I want to be thoroughly used up
when I die, for the harder I work
the more I live. I rejoice in life for
its own sake. Life is no "brief
candle" to me. It is a sort of
splendid torch which I have got
hold of for the moment, and I want
to make it burn as brightly as
possible before handing it on to
future generations.*

George Bernard Shaw