



Catalyst!!

(404) 847-0797

www.empowered-enterprises.com

Sourcing Success for Individuals and Organizations
Career Coaching & Business Growth Solutions

Your Catalyst for a Powerful Career - And Life!

We trust you will enjoy this month's Newsletter! We invite you to submit your articles, announcements, and events – let us all know who you are, what products and services you provide, and your goals – the resources you are looking for are likely at your fingertips! Reach your goals, and realize your dreams!

Confirm your [subscription](#) today!!

Authentic Beauty Heads to New Orleans **How You Can Put Lipstick on 5000 Needy Faces—** **at the Stroke of a Pen**

(Bottom line: Please join Authentic Beauty's efforts to raise \$10K in 10 days to take care of 5000 women! [Contribute Now](#))

Are you still shuddering from images of Hurricane Katrina?

Do you wish you could do something more for women in New Orleans whose lives were shattered in 2005—and *still* are in a million pieces?

Well now you can. Easily. And there's no dealing with FEMA.

Volunteers by the bus load are trekking down to the Louisiana Superdome on April 11-12 to care for almost 5000 Gulf South women at V TO THE TENTH, the 10th anniversary of V-Day, the international event inspired by Eve Ensler's seminal play *Vagina Monologues*.

The Superdome is being renamed SUPERLOVE just for this weekend. **Wow.**

SUPERLOVE performers include Jane Fonda, Oprah Winfrey, Salma Hayek, Glenn Close, Jessica Alba, Faith Hill and now YOU. And all you have to do is pick up a pen (keep reading).

(Ctd on page 6)

April, 2008

In This Issue:

Expanding on Fulfilling Action Plans

Notable Quotables

Coaching Gold

Article:
Authentic Beauty Heads to New Orleans

Get your tickets for the Next Atlanta PowerLife Event: Powerful Careers: Designing & Living Fulfillment

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Give the Gift of Dreams Fulfilled!





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Notable Quotables

“*"The reality you experience is a mirror image of your expectations."* - Deepak Chopra

"Never look back unless you are planning to go that way." - Henry David Thoreau

"When you arise in the morning, think of what a privilege it is to be alive: to breathe, to think, to enjoy, to love."
- Marcus Aurelius

"Some people are making such thorough preparation for rainy days that they aren't enjoying today's sunshine." - William Feather

"How exciting are your dreams? Most people don't aim too high and miss, they aim too low and hit." - Bob Moawad

”



Coaching Gold

There's no such thing as being overwhelmed, unless you are in the ocean and a wave overtakes you. Overwhelm is just a function of mismanaging your time. Create your plan, scheduled your actions and results, and then do what you said you'd do when you said you'd do it.

Your calendar is the structure for fulfilling your dreams. Look at next week's schedule - is it the life you want to live???



**GREAT DEALS
Available at**

www.empowered-enterprises.com

***EBOOK: Money in the Bank: The PowerPlan in Action
Regularly \$59.99
Sales price \$29.99



***Annual Coaching plan
Save 10% before May 1st! Use
newsletter coupon code
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Check out all of our affiliates on our new [AFFILIATE LINKS](#) page!!



To Your Health!

6 week program for Health and Vitality!
Delivered by Charlton Hoag, Fitness Expert and Personal Trainer

Top Five Reasons to Workout

- 5.) Lose weight
- 4.) Increase strength and flexibility
- 3.) Reduce Stress
- 2.) Have more energy to do the things you love
- 1.) Feel good about yourself and the clothes you do or don't wear

Did you start working out in January only to stop before February arrived? Commit to get into the best shape of your life now. Call Charlton Hoag at 678.438.9956 for a complete personal training experience. This six week, "break the rut program" starts at \$1000 and includes 18 sessions at a private gym (30 minute sessions), a weekly phone consultation to offer guidance and advice, and six "bootcamp" style training sessions (who would've thought 45 minutes without weights could be so hard, but so fun).

Commit to your health and well being, call 678.438.9956 today!



What better gift to give your family, friends, and co-workers, than the gift of reaching their goals and fulfilling their dreams?!?!

Download an
Empowered Enterprises
Gift Certificate
for the people in your life Today!

www.empowered-enterprises.com



The POWERPLAN **in ACTION! - Money in the Bank**

– isn't that what most people think of as reaching the next level of success? Wouldn't it provide you with the freedom to enjoy the life of your dreams? Isn't that why you bothered to open this document?!?!

We've put together a simple plan of action for you in the following pages, outlining the basic steps that result in Money in the Bank. We've outlined the results that have to happen, and the some actions you can take to produce those results.

Well, we could go on and on about what you'll see, the benefits of following the plan, and reminders that you are the source of your own success, that no piece of paper is going to deposit cash in your account – but let's just get to the good stuff!

[Download your copy of the acclaimed E-Book Today!](#)



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The Next Atlanta PowerLife Event!

What would have you jump out of bed every morning ecstatic because you have the privilege of doing it?

Powerful Careers: Designing & Living Fulfillment

A 2-day intensive seminar workshop designed to provide you with the opportunity and tools to create a future that calls you into action.

We will create a career path that lights you up and a detailed action plan to fulfill your goals.

We'll identify the results that need to be produced, the actions you can take to cause those results, and you'll leave with a custom designed career path of your dreams.

That is what this seminar is about: living your dreams. We will look at what those dreams are, and identify some possible paths to lead you there.

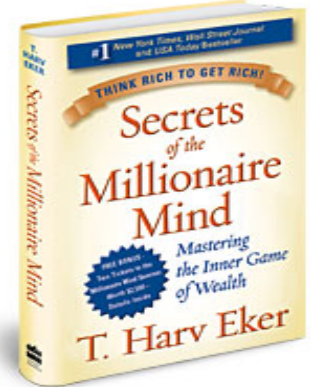
We'll look not only at what you want to do, but how you can do it.

We'll look at:

- o Past Based vs Future Based Goal Setting
- o The PowerPlan: The Goals, the Results & the actions to produce those results
- o The Love to Do Exercise: What should you be doing, and who benefits from that?
- o The Balanced Living Timeline: identify and manage the results you are out to produce in every area of life! How to Prioritize your actions; how to produce velocity and momentum in reaching your goals!
- o Utilizing the Resources of Your Communities
- o The Three I's of Producing Extraordinary Results
- o Creating & Managing Teams

The first step is simple:
Register TODAY!

#1 National Bestseller!
NEW YORK TIMES • USA TODAY
WALL STREET JOURNAL



Order Now!

Get your scholarship into the
Millionaire Mind Intensive worth
\$2,590!

<http://www.secretsofthemillionairemind.com/a/?wid=531265>



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CAREER FORUM
AND BLOG!!**



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Expanding on last month's Quick Coaching!

The Three Legs of Integrity in Fulfilling on Action Plans

The purpose of this article is to look at what is required to actually fulfill on your action plan. Once you've mapped out the results that have to happen, and the actions you can take to cause those results, the following are what we've seen can be added to increase the likelihood of your success!!

Communication:

- **On time, as scheduled.** Schedule your calls, put in a structure of communication – and stick to it! A regularly scheduled communication allows for you to free up your mind for what needs to happen now, knowing that you can communicate what needs to be communicated at the scheduled time.
- **"Down the list" No story - just go down the list of what needs to be covered.** Have an agenda and a timeline for your communications – even if it's not a seminar or presentation!
- **Intention and Intentionality -** have an intention for the call, and go through the call with intentionality – no detours or distractions.
- **Precision and Focus.** Be precise in the communication: say what needs to be communicated and shut up. Keep Focused on the intention of the call (no bunny trails!) A focused and intentional communication delivers the results you are looking for!

Team/Staff:

- **Real Partnerships: shared commitments.** Your team should have a core of shared commitments; they become partners in causing the results, not just people doing stuff.
- **Real Agreements - in writing! Who's doing what.** The more I work with teams, the clearer the need for clarity becomes! Write down who is doing what, when. That way you have a solid foundation, a certainty, and the results will show up;
- **In Action - you know the actions being taken, so you can add or modify.** This is a management tool for every level of management – when you are managing a team, it's your responsibility to be sure that the actions being taken are producing the desired results. Just like a pilot only adjusts the course of a plane between takeoff and landing, an effective manager adjusts the plan between start and completion.

Awake to Opportunities: Be awake to the opportunities that are opening up around you!

SOCIAL!! (the context for all) When human beings are together, in any setting, there is a social aspect of the interaction. Likewise, when you are at a social function, know that the interaction is unlimited in its potential.

- **The Appropriate People, Places, and Communities** Choose to participate in the communities in which you want to make an impact – where is your target market, and where can you meet them?
- **Professional/Business always as a potential in a conversation;** Many people don't feel it's appropriate to talk business at a social function. I say, if your business is an expression of your passion, then it is always a good topic for conversation!
- **Consciously choosing where you show up. Who are you being known by?** As you schedule yourself, you want to be particular about where you are showing up, who will be there, who will you have access to, what community are you accessing, and who will be able to know more about you after the event?!



Let Us Know!

What would you like to see in a
Tele-Seminar
Seminar
E-Book
[Let Us Know!](#)

Career Questions?
[www.AskMeans.com!](http://www.AskMeans.com)

[Refer a Friend!](#)

What other products or services would you like to see? The sky's the limit, so submit your ideas today!



[Submit Your Idea>>](#)



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(Continued from page 1)

How You Can Put Lipstick on 5000 Needy Faces— at the Stroke of a Pen

(Bottom line: Please join Authentic Beauty's efforts to raise \$10K in 10 days to take care of 5000 women! [Contribute Now](#))

Why are all these powerhouse women gathering in the once-atrocious hurricane shelter? Because Eve Ensler is on a serious mission with V-Day: let's end all violence to women and girls. And what a better place to bring SUPERLOVE than a city and her people who've endured more suffering than we think is imaginable *in our own country*.

Tired, frazzled, abused and battered, little hope. This is daily life today for many women and girls in NOLA. It really puts I-285 traffic into perspective, doesn't it?

Let's change the channel. Tune into V-Day April 2008, just a few weeks away. Now imagine the look on a Gulf South mother's wearied face as she is welcomed into the SUPERLOVE wellness suites to receive free massage, yoga, medical information and yes, Authentic Beauty makeovers.

Aaaaaahhhhhhhhhhhhhhh. Fifteen minutes of pampering under the expert, loving hands of an Authentic Beauty volunteer. FEMA who? Where's my daiquiri!

For less than a half tank of gas, you can transform these women's lives and give them a gift of beauty. Really. Today you can buy and sign an affirmation card that will be put straight into the hands of a Katrina survivor who lost everything. Hug included. All for about ten dollars.

How is this happening, you ask? Authentic Beauty is taking volunteer artists to SUPERLOVE and giving free makeovers. For CEO Alyson Hoag knows that when a woman is returned to her sense of beauty, she can deal with the ugliness of her situation. Right on. Where's that pen?

You see, makeup will be washed off at some point that night. Then what do these women do? Well, they'll have in their possession a You Shine Through positive affirmation card with words of encouragement *by you*.

Do you remember the last time you got a personal hand-written note by anyone? Kinda special, huh? We all say the world needs just "a little more kindness" and nowhere in America is kindness more sorely needed than in New Orleans.

So become a SUPERLOVE hero and buy a You Shine Through positive affirmation card now. There'll be a look of unspeakable appreciation on some woman's face as she reads your words. And we'll be right there with the tissue and the hug. [Contribute Now](#)

Thanks for being a hero today. Easy, huh?

For complete information on V TO THE TENTH and to attend the celebration and join the Atlanta V-Day community on the bus to NOLA, visit www.vdayatlanta.org.



*Party
with a
Purpose*

**Interested in
creating your
own
Fundraiser**

**Networking
Event**

**Client /
Employee
Appreciation
Party?**

**Let us design
your event,
handle the
logistics, and
facilitate your
success!!**



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Visit some of our favorite people, organizations, and companies!



Authentic Beauty
you shine through

****LAST CHANCE TO SEND YOUR MESSAGE OF SUPPORT TO THE WOMEN OF NEW ORLEANS FOR THE TENTH ANNIVERSARY OF V-DAY!!! [Click here!](#)**

Take an image journey to looking, feeling, and being beautiful!

Authentic Beauty® is a full-service make-up service specializing in makeovers, skin care education and quality products that support women through their journey to looking and feeling beautiful inside and out.

(404) 847-0443 www.myimagejourney.com

[Visit All Our Favorites On Our Links Page](#)

Utilizing Resources: ALWAYS ASK FOR REFERRALS!!!

(Contact us at results@empowered-enterprises.com to have your website listed!)

Take Your Career to the Next Level of Success

TODAY IS THE DAY TO TAKE CONTROL OF YOUR FUTURE!

BRING YOUR VISION AND CREATIVITY ALIVE!

In your individual *PowerPlan* session, we will:

Create your own personal strategic plan of action –

Your PowerPlan session gives you the opportunity and tools to create a future that calls you into action, and has you reach your goals; we'll look at what those goals are, and identify possible paths to lead you there.

We'll look not only at what you want to do, but how you can do it. What **RESULTS** have to be produced? What **ACTIONS** can you take to cause those results?

Schedule Yours Today!
[PowerPlan Session](#)

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Next Available SEMINARS and Tele-Seminars!

POWERPLAN Career Design Workshop
Atlanta – Thursday May 15, 2008

Powerful Careers, Designing & Living Fulfillment
Atlanta – June 28 & 29, 2008

Dare to Live Your Dreams
Begins May 31, 2008

TELE-SEMINARS:

Entrepreneur101: Fast Track to Success

Wednesdays beginning May 14th

Powerful Careers, Designing & Living Fulfillment
TeleSeminar!

Thursdays beginning May 29th

What other topics would you like to see in a seminar, tele-seminar, or E-book? [Let us know!](#)

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Pathways to Success

Individual Career Coaching!

Career Forum / Blogging!

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Dare to Live Your Dreams Presents The PowerLife Wellbeing Program!

LIVING A LIFE OF HEALTH & WELLBEING IN MIND, BODY AND SOUL!

Break through the barriers to health and wellbeing in every area of life!
This cutting edge program provides two months of transformational education, experiences, and coaching for you to reach your goals – it will have a lasting impact on the way Your Life Works!

Experience & Expand Your Effectiveness in the areas of:



Energy and Vitality



Healthy Eating styles



*Being Happy with Your Body Image
(you choose: release or attract those extra pounds and inches!)*



Manifesting Your Dreams



Reaching Your Goals & Realizing Your Dreams!

Isn't it time to have a CLEAR PATH to Your Future!?!

Expert guest speakers from diverse fields, including:
Health & Nutrition, Inspiration & Motivation, Career, Relationships, Spirituality, and Transformational Living

The program consists of two full day seminars, weekly coaching calls between the seminars, and completes with an adventure weekend in Alberta Canada!

Join us in this transformational journey to WELLBEING IN ALL AREAS OF LIFE!

Register before May 1, 2008 and receive the entire two month transformational package at a 15% discount!!

Register Now!