



Catalyst!!

Career & Organizational Design & Development
Reach Your Goals; Realize Your Dreams!
www.Empowered-Enterprises.com (404) 847-0797

January, 2007

In this issue:

**

Welcome to 2007!

**

**Powerfully Presenting
Yourself**
Pt. 3 of 6

**

**Resources, Resources,
and more Resources!**

**

ENJOY!

Welcome To 2007!! Every Day is New Year's

What are your goals for the new year? What are you creating?? New Year's is always a time for looking at what you've accomplished over the past year, and what you intend to create during the coming year. It's a time to gather the lessons of the past and use them to powerfully create your future. It's a time to remember both the successes and the failures, realizing that both are vital parts of life, and that both success and failure provide us with the tools required to design our lives from what we *want*, rather than from avoiding what we don't want.

New Year's Resolutions have a habit of being just another place where we quickly become resigned and cynical – we've all failed at keeping those great sounding ideas before! But consider, we say what we want, but then we don't put anything into place to support our accomplishing that goal. This year, *try something new: find a partner* in keeping your resolution(s)! Find someone who will either benefit from your accomplishing your goal, or someone else who is out to accomplish the same or a similar goal. Set up a schedule of regular communication – probably at first it will need to be daily, until you form the habits that will support you in accomplishing your goals. For these communications, we use a three-tiered format:

“What's Working?”

“What's Not Working?”

and “What could we add that could produce the result?”

It's amazing what happens when you use these three simple questions. It is especially important that you start the conversation with “What's Working?” This lays a foundation of accomplishment, and acknowledgement of the results you're producing. Standing on that foundation of accomplishment, it is much easier to look at what's not working (which is where you can go to work!) And then bring the power of creating: looking at what actions you could add, that could produce the results you intend.

One last note about New Year's Resolutions; what if you *make every day New Year's*?? If you think about it, it's always the first day of a new year: it's the first day of the rest of your life! Make your resolutions daily – newly (hint: that's how you keep any resolution over an extended time!) Make the most of it, today! Say what you want, and then take the actions to **REACH YOUR GOALS, and REALIZE YOUR DREAMS!**



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and fullfilling their
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Notable Quotables

*Life is not measured by the number of breaths we take,
but by the moments that take our breath away. – unknown*

*Most of us, swimming against the tides of troubles the world knows
nothing about, need only a bit of praise or encouragement---and
we'll make the goal. - J.P. Fleishman*

*The highest reward for a person's work is not what they get for it,
but what they become by it. - John Ruskin*

Every really new idea looks crazy at first. - A.H. Maslow

*He has achieved success who has gained the love of little children;
who has left the world better than he found it; who has looked for
the best in others and given the best he had. -A.J. Stanley*

*A ship in port is safe, but that is not what ships are made for. -
Admiral Grace Hopper*



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Program!*

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TODAY!

START 2007 Powerfully!!!

Now is the time to get started on making sure that 2007 is the success you want it to be!

*Call today to schedule your **Powerplan** session – for yourself, your team, your organization – let us help you create your goals, and a powerful plan of action, so you are in action **NOW** causing 2007 to be the best year ever!*

Daily Practices

Do you have daily practices that help you create what you're up to every day? Try some of these daily practices, and see what results!

**

Create a context for your day that inspires you! Then tell five people about it...and ask them to do the same.

**

Talk to five new people today!!

**

Write down your accomplishments – you'll be surprised how many results you produce in a single day!

**

Ask people what resources they need to reach their goals. Then you have the opportunity to see what you can provide!

**

Change your "should's" to "could's" and your "need's" to "want's" – You'll be amazed at the difference made by merely changing your language!



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*Take Your Career to the
Next Level of Success*
with
Empowered Enterprises'
Career Development
Sessions

TODAY IS THE DAY TO TAKE
CONTROL OF YOUR FUTURE!

BRING YOUR VISION AND
CREATIVITY ALIVE!

**In your *PowerPlan* Career
Development session, we will:**

Create your own personal
strategic plan of action - an
effective and valuable tool in
reaching your goals, and
fulfilling your dreams!

Your PowerPlan session gives
you the opportunity and tools to
create a future that calls you into
action, and has you reach your
goals; we'll look at what those
goals are, and identify possible
paths to lead you there. We'll
look not only at what you want to
do, but how you can do it. What
RESULTS have to be produced?
What **ACTIONS** can you take to
cause those results?

Schedule Yours Today!
Call (404) 847-0797 to
get started now!

Powerfully Presenting Yourself

(Part three of six from the *Powerfully Presenting Yourself* E-book,
available online at Empowered Enterprises' [E-books](#))

In the previous two segments, we looked at an overview of the five components of powerfully presenting yourself, and started looking at your dream career. Again, our intention is to design a conversation at the end of which it is clear *who you are, what you bring to the conversation, and where you are going* with your life.

We spend a week or more on each level – you want to keep asking yourself the questions, seeing each day what you want to add to your answers, or even better starting fresh by creating your answers newly each day. You'll begin to find your dreams returning, expanding on what's available in your life, and for your life. New ideas will emerge - you'll begin to see yourself in a new light as you true yourself up to your natural self-expression.

In the second level of Powerfully Presenting Yourself, we look at your strengths. Whether this be a bullet list, or an essay worthy of publication, being awake to your strengths is a vital part of powerfully presenting yourself. Most of us do not take the time to actually write out our strengths – (notice we didn't say anything about your weaknesses! This is not an exercise in what's missing – it's building a foundation for you to speak yourself powerfully from the reality of who you are already!)

Level Two: Your Strengths

2) You Perceive Your Strengths To Be

1) The Foundation: Your Dream

Describe in detail what you feel are your strengths. Consider and include the following:

- What are you exceptional in?
- What are you proficient in?
- What is easy for you?
- What do you delight in?

Next Issue: Others See Your Strengths!



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with a
Purpose*

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creating your own
Fundraiser

Networking Event

**Client / Employee
Appreciation Party?**

Let us design your
event, handle the
logistics, and
facilitate your
success!!

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to get started!

VISIT SOME OF OUR FAVORITE PEOPLE, ORGANIZATIONS, AND COMPANIES!

www.empowered-enterprises.com : Career Coaching, Organizational Strategic Planning, Management & Employee Training, and Developmental Seminars

www.landmarkeducation.com Educational company providing programs designed to powerfully live a life you love.

www.possibilitiescafe.com: Entertainment Venue: Dinner Theater, Restaurant, Book Store, Internet Caf , Arts & Crafts venue.

www.kreativesoul.net : Creating the World Beautiful; Residential and Commercial Interior Design

www.magnoliafa.com: Tim Koenning, Registered Investment Advisor

www.Integratedchiropractic.com: Personal Chiropractic Care

www.AssistToSuccess.com : Customized business solutions, virtual administrative services, management operations support, process development and event services.

www.AbruptMedia.com : State of the art internet media & web design.

Utilizing Resources: ALWAYS ASK FOR REFERRALS!!!

(Contact us at results@empowered-enterprises.com to have your website listed!)



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Powerfully Presenting Yourself!

Powerfully Presenting Yourself is a five session creative seminar/workshop designed to provide you with a powerful structured presentation of who you are, what you offer, and where you are headed.

We look at:

- **What would you do if you had no other considerations in life?**
- **What do you consider your strengths?**
- **What do other people consider your strengths?**
- **What experience do you have?**

Then we create a powerful way of presenting yourself, such that you, and others, know exactly who you are, what you offer, and where you are headed in your life.

THE FIRST STEP IS SIMPLE: REGISTER TODAY!

WWW.EMPOWERED-ENTERPRISES.COM

or call (404) 847-0797 to reserve your seat!!

** Additional dates and individual Powerplan Career Design sessions available!*